
FRESNO COUNTY SUPERINTENDENT OF SCHOOLS**Students
TOBACCO**Tobacco-Use Prevention Education Program

The Fresno County Superintendent of Schools ("County Superintendent") tobacco-use prevention program shall provide students in County Board and County Superintendent schools instruction that addresses the following topics (Health and Safety Code 104420):

1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use.
2. Reasons that adolescents say they smoke or use tobacco.
3. Peer norms and social influences that promote tobacco use.
4. Refusal skills for resisting social influences that promote tobacco use.

As appropriate, the County Superintendent or designee may provide or refer students in grades 7-12 to tobacco-use intervention and cessation activities. (Health and Safety Code 104420.)

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, the tobacco-use prevention program described herein shall target students most at risk for beginning to use tobacco as identified through a local needs assessment.

The County Superintendent or designee shall provide or refer every pregnant and parenting minor enrolled in a County Board or County Superintendent school to tobacco-use prevention services. Such services may be integrated with existing programs for pregnant and parenting minors and shall include (Health and Safety Code 104460):

1. Referral to perinatal and related support services.
2. Outreach services and assessment of smoking status.
3. Individualized counseling and advocacy services.
4. Motivational messages.
5. Cessation services, if appropriate.
6. Incentives to maintain a healthy lifestyle.
7. Follow-up assessment.

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8. Maintenance and relapse prevention services.

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