Business and Noninstructional Operations FOOD SERVICE / CHILD NUTRITION PROGRAM

The County Superintendent and County Board recognize that adequate, nourishing food is essential to student health, development, and ability to learn. The County Superintendent or designee shall develop strategies to increase students' access to food service programs and to maximize their participation in available programs. Foods and beverages available through the County Superintendent's food service program shall:

- 1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease.
- 2. Meet or exceed nutrition standards specified in law and administrative regulation.
- 3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits.
- 4. Be served in age-appropriate portions.
- 5. Be provided at no cost to students who request a meal..

At the beginning of each school year, the County Superintendent or designee shall communicate information related to the food service programs to the public through available means, including, but not limited to, the County Superintendent's web site, social media, flyers, and school publications.

The County Superintendent's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables.

Schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the County Superintendent's nutrition education program.

To encourage student participation in school meal programs, schools may offer multiple choices of food items within a meal service, provided all food items meet nutritional standards and all students are given an opportunity to select any food item.

The County Superintendent and County Board desire to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The County Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

In accordance with law, the County Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation process, from receiving to service.

Staff shall annually report to the County Superintendent on student participation in nutrition programs and the extent to which the food services program meets state and federal nutrition standards for foods and beverages. In addition, the County Superintendent or designee shall provide all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with federal requirements related to nutrition standards, meal patterns, provision of drinking water, school meal environment, food safety, and other areas as required by the CDE.

Adopted: 11/15/2007

Amended: 01/19/2012, 12/12/2023

Legal References

Education Code

35182.5 Contracts, non-nutritious beverages 38080-38103 Cafeteria, establishment and use 45103.5 Contracts for management consulting services; restrictions 49430-49434 Pupil Nutrition, Health, and Achievement Act of 2001 48432.3 Voluntary enrollment in continuation education 49490-49494 School breakfast and lunch programs 49500-49505 School meals 49510-49520 Nutrition 49530-49536 Child Nutrition Act 49540-49546 Child care food program 49547-49548.3 Comprehensive nutrition services 49550-49562 Meals for needy students National School Lunch Act 49570

Health and Safety Code

113700-114437 California Retail Food Code

Code of Regulations, Title 5

51795-51797 School gardens

15510 Mandatory meals for needy students

15530-15535 Nutrition education

15550-15565 School lunch and breakfast programs

15575-15578 Requirements for foods and beverages outside federal meal programs

United States Code, Title 42

1751-1769j National School Lunch Program

1758b Local wellness policy

1761 Summer Food Service Program and Seamless Summer Feeding Option

1769a Fresh Fruit and Vegetable Program

1771-1793 Child nutrition, especially:

1772 Special Milk Program

1773 National School Breakfast Program

Code of Federal Regulations, Title 7

210.1-210.31 National School Lunch Program

215.1-215.18 Special Milk Program

220.2-220.22 National School Breakfast Program

245.1-245.13 Eligibility for free and reduced-price meals and free milk

Management Resources

CSBA Publications

Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009

Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007 Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2007

Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006

California Department of Education Publications

Professional Standards in the School Nutrition Programs, Management Bulletin SNP-17-2016, October 2016

School Meals Initiative Summary

Healthy Children Ready to Learn, January 2005

California Project Lean Publications

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

U.S. Department of Agriculture Publications

School Breakfast Toolkit

Fresh Fruit and Vegetable Program: Handbook for Schools, December 2010

Food Buying Guide for Child Nutrition Programs, December 2007

Civil Rights Compliance and Enforcement - Nutrition Programs and Activities, FNS Instruction 113-1, November 2005

Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005

Dietary Guidelines for Americans, 2005

Websites

CSBA: http://www.csba.org

California Department of Education, Nutrition Services Division: http://www.cde.ca.gov/ls/nu

California Department of Public Health: http://www.cdph.ca.gov

California Farm Bureau Federation: http://www.cfbf.com

California Food Policy Advocates: http://www.cfpa.net

California Healthy Kids Resource Center: http://www.californiahealthykids.org

California Project LEAN (Leaders Encouraging Activity and Nutrition):

http://www.californiaprojectlean.org

California School Nutrition Association: http://www.calsna.org
Centers for Disease Control and Prevention: http://www.cdc.gov
National Alliance for Nutrition and Activity: http://www.cspinet.org/nutritionpolicy/nana.html
U.S. Department of Agriculture, Food and Nutrition Service: http://www.fns.usda.gov/fns

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